



**Empowering minds,
creating compassionate communities.**

Dads Together



Visit our website

What is it?

A dedicated group for dads (or uncles, grandads, guardians) to meet and socialise, whilst developing important and meaningful bonds with their child.

What to expect...

- Play based sessions that allow you to have quality time with your child
- Information and signposting to support that you can access for yourself and your family
- Access to sessions such as baby massage, sensory play, infant first aid and much more



WHEN?

Saturday 29th November
and Saturday 13th December

WHERE?

Libanus Lifestyle CIC, Libanus
Road, Blackwood (NP12 1EQ)

WHO?

Dads and babies/children
up to 3 years old

£2 per session

Cuppas and snacks included!



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www.ourmindstogether.co.uk

